# RECOVERY

#### ACTION STEP 3: PRAYING SCRIPTURE

Read and pray through Psalm 27, use the Power Promise Presence worksheet as a guide.

 $\rightarrow$  When we pray scripture, we can trust that we are praying for God's will because it is His own words that we are using.

#### HOW TO PRAY SCRIPTURE

- 1. Read the Psalm (27)
  - Read the Psalm
  - Use the Power, Promise, Presence worksheet to guide your time

## 2. Pray the same words of the Psalmist

• Example from verse 1:

The Passage:	A Prayer:
The Lord is my light and my salvation— whom shall I fear?	The Lord is my light and my salvation— whom shall I fear?
The Lord is the stronghold of my life— of whom shall I be afraid?	The Lord is the stronghold of my life— of whom shall I be afraid?
	Or
	Lord, thank you that you are my light and my salvation. That because of you I do not have to fear. You are the stronghold of my life, and because that is
	true, I do not have to fear.

### 3. Use the Psalm to inform your prayers

• Example from verse 1

The Passage	A Prayer:
The Lord is my light and my salvation— whom shall I fear? The Lord is the stronghold of my life— of whom shall I be afraid?	Lord, be my light and my salvation through ( <i>name</i> your current fears and circumstances). Lord you are the stronghold of my life and ( <i>tell the Lord where you</i> <i>need Him to be your strength in this season</i> ). Because of you I do not have to fear ( <i>name your</i> <i>fears</i> )